



# Triratna Vancouver



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# Order Members

There are currently five Order Members who live in Vancouver.



**Vimalasara** is the chairperson of Triratna Vancouver Buddhist Centre. She is the author of 8 books, including her dharma books, *Detox Your Heart* (working with anger, fear and hatred) and award winning book, *Eight Step Recovery Using The Buddha's teachings to Overcome Addiction*. Ordained in India 2005, her name means she who's essence is stainless and pure. Her vision as chairperson is to help grow the Vancouver Triratna Sangha in numbers, and develop ways we can engage with the wider community in Vancouver that will help support people's lives. She works as a public speaker, and a trainer in leadership, anti bullying, restorative justice and Mindfulness Based Addiction Recovery (MBAR).



**Upakarín** was ordained in 2001 in Spain. He has, though now retired, a background in social work and counselling. He has a particular interest in meditation and has been developing his practice since the early 1990s.





**Dayasiddhi** -“He who has the accomplishment of compassion and kindness.” I was ordained at Guhyaloka retreat centre, Spain “El Mundo Secreto”, on 27 May, 2004. Particularly drawing inspiration from the Dharma as expressed by the Mahayana, my passion lies in interfaith and inter-spiritual themes, with a special involvement in Buddhist-Christian dialogue.



**Shantinayaka** was ordained in 1990 on a four month retreat in Spain, and has been teaching at Triratna Centres in Seattle, San Francisco and Vancouver since 1995. His name means “Leader to Peace”.



**Satyavasini** has been involved with the Triratna Buddhist Community since 2001. She lived at the San Francisco Buddhist Center for 7 years where she was ordained in 2013. Initially she was most engaged with meditation practice; now she enjoys all aspects of the Buddhist spiritual life.



# Vancouver Buddhist Centre

**2000 - 2016**

Since the beginning of the movement in Vancouver the Buddhist Centre moved several times. The longest stay in the same location was from 2000 until 2016. At that time centre was located in the basement of a private house.





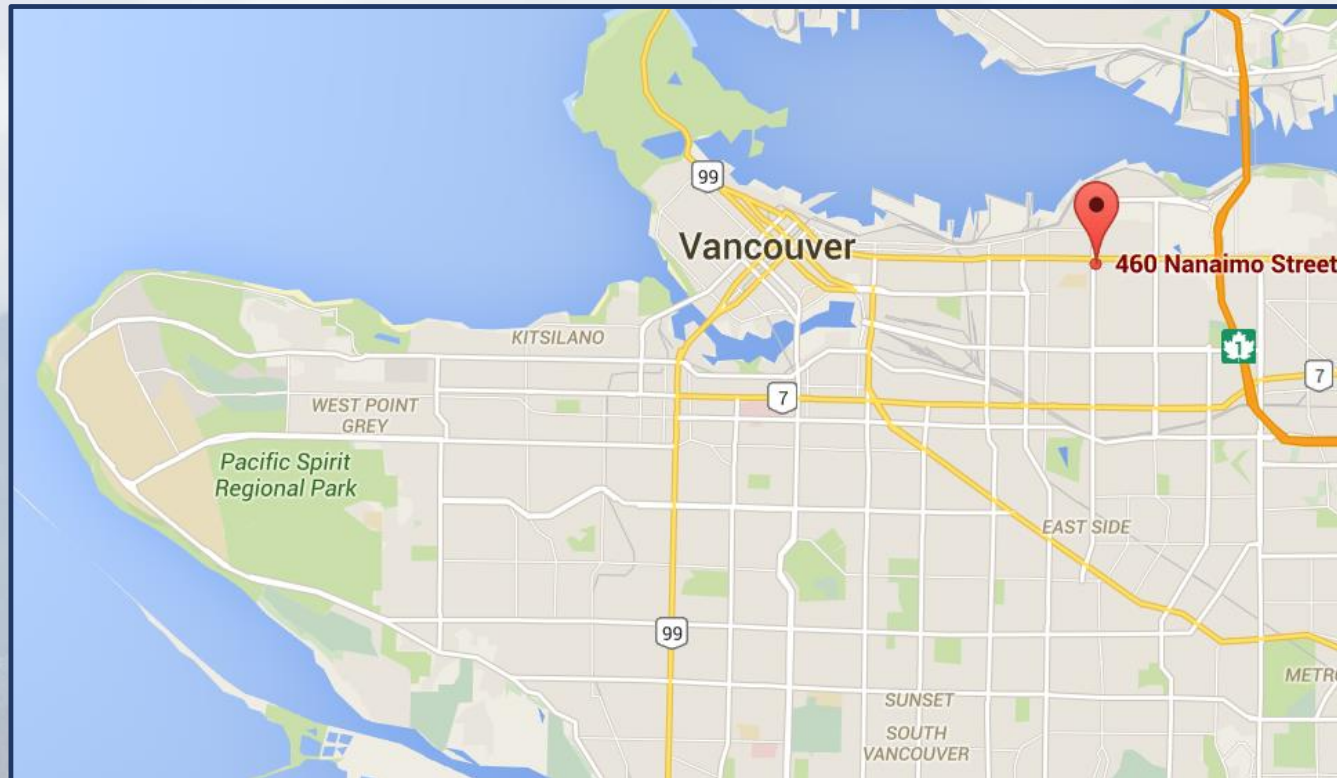


Shrine room at the old centre



# Vancouver Buddhist Centre

2016 - now



In February 2016 our centre has moved into a much bigger space in an office building. The location is in a close proximity to Downtown and is easily accessible from different parts of the city.

**Current address:**

**#207 – 460 Nanaimo St.  
Vancouver, BC, V5L 4W3**



Area around the centre



The centre is located at the top floor of the office building



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At the official opening of the new Centre



# Sangha Outdoors:)









Mitras swimming:)





Mitras relaxing:)



Regional Sangha retreat at Sun Lakes in East Washington state



# Overview of Vancouver

Vancouver, a bustling west coast seaport in British Columbia, is among Canada's densest, most ethnically diverse cities. A popular filming location, it's surrounded by mountains and invites outdoor pursuits of all kinds, but also has thriving art, theatre and music scenes. Vancouver Art Gallery is known for its works by regional artists, while the Museum of Anthropology houses preeminent First Nations collections.



Vancouver, BC

✈ 9 h 30 min

Luton Airport London



















We welcome visitors and would love to have more Order Members and Mitras join our Sangha. Vancouver is a beautiful city to live in:)

For more information please visit us at:  
**[www.vancouverbuddhistcentre.com](http://www.vancouverbuddhistcentre.com)**

