

## Refuges & Precepts

<b>Refuges</b>	<b>Namo</b> <i>Salutation</i>	<b>Tassa</b> <i>To him</i>	<b>Bhagavato</b> <i>Richly endowed one</i>	<b>Arahato</b> <i>Worthy</i>	<b>Samma</b> <i>Fully</i>	<b>Sambuddhasa</b> <i>Perfectly awakened</i>	<b>x3</b>
		<b>Buddham</b> <i>To the Buddha</i>	<b>Saranam</b> <i>For refuge</i>	<b>Gacchami</b> <i>I go</i>			
		<b>Dhammam</b> <i>To the Dharma</i>	"	"			
		<b>Sangham</b> <i>To the Sangha</i>	"	"			
		<b>Dutiyampi</b>	"	"	"		

	<i>For the second time</i>					
	<b>Tatuyampi</b>	"	"	"		
	<i>For the third time</i>					
<b>Precepts</b>	<b>Panatapata</b>	<b>Veramani</b>	<b>Sikkhapadam</b>	<b>Samadiyami</b>		
	<i>Destroying life</i>	<i>Abstain from</i>	<i>Training principle</i>	<i>I undertake</i>	<i>= "I undertake the training principle to abstain from destroying life"</i>	
	<b>Adinnadana</b>	"	"	"		
	<i>Taking the not-given</i>					
	<b>Kamesu</b>	<b>Micchacara</b>	"	"		
<i>Sensual Misconduct</i>						
<b>Musavada</b>			"	"		
<i>Lying</i>						
<b>Surameraya</b>	<b>Majja</b>	<b>Pamadatthana</b>	"	"	"	<b>Sadhu!</b>

*Intoxicating Strong drink*  
*Losing*  
*heedfulness*

*Great!*

*Bravo!*