WHAT IS TRIRATNA? – SESSION PLAN FOR **WEEK 6**

**Main themes:**

* A unified Order
* The formal structure of the movement
* Review of the course and setting intentions for the future

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| **START TIME** | **TOPIC** | **LED BY** |
| 19.05 | Salute the shrine  Discussion in pairs of last week’s ‘homework’ | SB |
| 19.10 | Plenary session – feedback from the above | SB |
| 19.20 | Threefold puja (call & response, including refuges & precepts)   * Invite any discussion afterwards | S |
| 19.35 | Just sitting (10 mins) | S |
| 19.45 | A unified Order: brief introduction.   * Historically women not in Sangha, & even now occupy an inferior position to monks * In India it is radical to treat women as equals * Ordination regardless of gender, class (many Dalit OMS), culture. Encouraging us to transcend our conditioned divisions. | AN |
| 19.55 | * Our experiences of being in the order & movement. | S & SB |
| 20.05 | Groups discussing what has been said so far. | AN |
| 20.15 | Plenary: questions on above & anything about this course. | AN |
| 20.25 | **TEA BREAK** |  |
| 21.50 | The formal structure of the movement worldwide. Also, the structure of the MBC Inc. Friends/Mitras/OMs | AV |
| 21.00 | What next | S |

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| **START TIME** | **TOPIC** | **LED BY** |
| 21.05 | What do you want to remember from this course? (meditating on dropping a pebble in a pool)/ What have you appreciated? / What are you taking away? Invite people to share their ideas.  Chant Avalokiteshvara mantra & make offerings   * Invite participants to take home gold nuggets from shrine * Transfer merits | S |
| 21.30 | Finish |  |