



We are delighted to be hosting events in Exeter. For more information and to book please contact Alizoun@alid.co.uk or telephone 07887840663. Costs of workshop £35.50 (concessions for unwaged on request). The Death Café is free of charge. Please do join us.

7 May 10 am to 4 pm at Exeter Community Centre 17 St David's Hill Exeter EX4 3RG
DYING AT HOME

70% of us want to die at home yet 50% die in hospital. The average cost of a funeral is £3,500. This one day workshop provides information on caring for the person you love at home, vigiling and the final weeks and days, home funerals – do it yourself, getting the best from a funeral director – ask the undertaker, how to exercise choice and control over our dying including rights, legalities and options.

8 May 10 am to 4 pm at Exeter Community Centre 17 St David's Hill Exeter EX4 3RG
PLANNING FOR YOUR END OF LIFE SO YOU CAN GET ON WITH LIVING

We can put into place, now, what we want and don't want at the end of life so we can get on with the business of living. . 8 out of 10 of us have strong wishes about what we would want but very few of us have expressed these views. By having everything in place, now, we can make sure are choices are respected by the people we love and those caring for us. The one day workshop covers Wills, Advance Decisions to Refuse Treatments, Statements of Wishes and Preferences, Lasting Power of Attorney, Digital Legacies etc

11 May 7 pm to 9 pm at KuPP, 21a Guildhall Shopping Centre Exeter EX4 3HG
DEATH CAFÉ

At a Death Café people of all ages and backgrounds meet in a safe welcoming space to drink tea or coffee, have a beer or a glass of wine whilst talking about death and dying so they can get on with the business of living. The aim is to overcome the taboo, fears and share experiences, houghts or just listen. Hosted by Gina Awad Lead for the Exeter Dementia Action Alliance and Aly Dickinson End of Life Doula



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