



# URBAN RETREAT 2013



Carlini



Sheffield



Newcastle upon Tyne



Essen



Exeter



Bury St Edmunds



Peterborough



Barcelona

M



Stockholm



Aryaloka, NH



Paris



North London



Mindor





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Москва  
(Moscow)



Nagaloka (Portland, ME)



Berlin

bla





Taralo

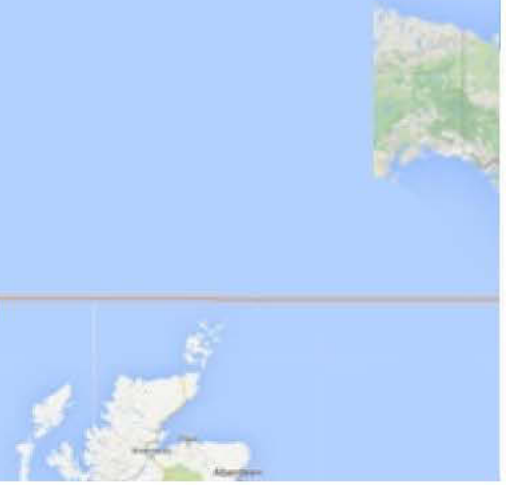


Arnhem



North London

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Bristol



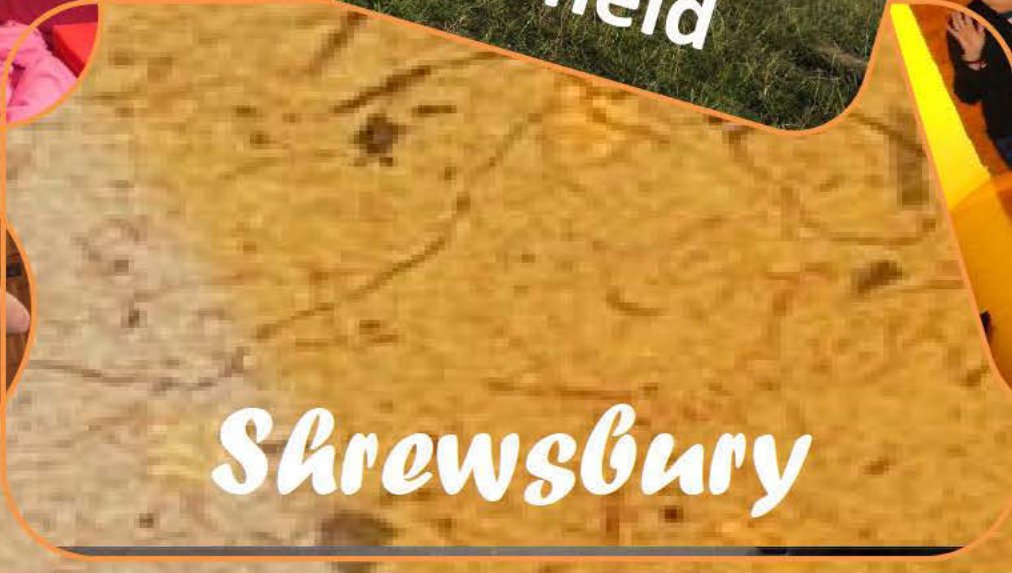
Croydon



Buddhafield



Triratna's Development Team



Shrewsbury

# Sun

# November 9-16th 2013





# Triratna Urban Retreat Metta Waves

Sat 8th November 9.30am + 17<sup>th</sup> November



**Manchester**



**San Francisco**



**Brighton**