The Refuges and Precepts in Latin Tutissimis et Præcepta

Namo Tassa Bhagavato Arahato Sammasambuddhassa (x3)

Buddham Saranam Gacchami

Dhammam Saranam Gacchami

Sangham Saranam Gacchami

Dutiyampi ... Tatiyampi ...

translatione (translation)

Venerandum , beatus est dignus , qui nondum perfecte illuminati persona!

Confugit ad Buddha eo. LEX quia vado ad refugium . Sangha quia vado ad refugium .

Ire iterum confugit ad Buddha . Ire iterum in LEX confugit . Ire iterum in Sangha confugit .

Ego enim speravi in tertio Buddha . Ego enim speravi in tertio LEX . Vado ad confugiendum Sangha TERTIUM Homage to Him, the Blessed One, the Worthy One, the Perfectly Enlightened One!

To the Buddha for refuge I go. To the Dharma for refuge I go. To the Sangha for refuge I go.

For the second time to the Buddha for refuge I go. For the second time to the Dharma for refuge I go. For the second time to the Sangha for refuge I go.

For the third time to the Buddha for refuge I go. For the third time to the Dharma for refuge I go. For the third time to the Sangha for refuge I go.

Quinque praecepta

Panatipata Veramani Sikkhapadam Samadiyami Adinnadana Veramani Sikkhapadam Samadiyami Kamesu Micchacara Veramani Sikkhapadam Samadiyami Musavada Veramani Sikkhapadam Samadiyami Surameraya Majja Pamadatthana Veramani Sikkhapadam Samadiyami Sadhu Sadhu

translatione (translation)

Aggredior abstinere accipiens vitae.

Non mihi sumo, sumere abstinendum est.

Polliceor sexualem improbitate abstinemus.

Ego abstinere a falsis orationem susciperet.

Aggredior abstinere accipiens intoxicants.

Ita praecepta affirmativa

De actibus pietatis , qua mundavero corpus.

Aperta liberalitate utebatur , qua mundavero corpus.

Cum silentio , simplicitatis, et gloria , et purgabit corpus.

Veraci communicatione orationis et sanctifica .

Memoriam cum clara et lucida , qua mundavero animus .

I undertake to abstain from taking life.
I undertake to abstain from taking the not-given.
I undertake to abstain from sexual misconduct.
I undertake to abstain from false speech.
I undertake to abstain from taking intoxicants.

The Positive Precepts

With deeds of loving kindness, I purify my body. With open-handed generosity, I purify my body. With stillness, simplicity, and contentment, I purify my body.

With truthful communication, I purify my speech. With mindfulness clear and radiant, I purify my mind.

