

**3rd International Council Programme
Adhithana, 5-13 August 2014**



3rd International Council Meeting Participants:

College	Order	Movement
Dhammarati - <i>Steering Group + Facilitation Team</i>	Parami - <i>Steering Group + Facilitation Team</i>	Abhayaraja - <i>India</i>
Saddhaloka - <i>Steering Group</i>	Lokeshvara – <i>Steering Group</i>	Jnanacandra - <i>Mainland Europe + Steering Group</i>
Padmasuri – <i>Steering Group</i>	Aryaketu - <i>India</i>	Vajrajyoti – <i>South Pacific + Steering Group</i>
Yashosagar - <i>India + Steering Group</i>	Maitriratna – <i>alternate for India</i>	Amoghavajra – <i>UK/ Ireland</i>
Vijaya - <i>India</i>	Vajranatha – <i>Spain/ Latin America</i>	Dassini – <i>UK/ Ireland</i>
Mahamati - <i>Mainland Europe</i>	Jnanadakini – <i>Spain/Latin America</i>	Chandrangsu – <i>Latin America</i>
Moksananda – <i>Spain/Latin America</i>	Dharmananda – <i>South Pacific</i>	Dayalocana – <i>alternate for US/ Canada</i>
Dhammadinna – <i>UK/Ireland</i>	Bodhivamsa – <i>UK/ Ireland</i>	Viveka – <i>US/ Canada + Steering Group + Facilitation Team</i>
Viradhamma - <i>US/Canada</i>	Sucimani – <i>UK/ Ireland</i>	
	Vaddhaka – <i>Mainland Europe</i>	
	Amala – <i>US/Canada</i>	
	Shantinayaka – <i>US/ Canada</i>	

Other Participants:



Observer: Singhamati, *Young Person's Coordinator, European Chairs Assembly*

Support Team: Maitrisara (*Facilitator*), Candradasa (*thebuddhistcentre.com*), Vidyatara (*Administration*)


Non-participating Triratna International Council members:

College	Order	Movement
Vajragita - <i>Mainland Europe</i>	Amrutdeep - <i>India</i>	Sudaya – <i>South Pacific</i>
Purna – <i>South Pacific</i>	Parina – <i>Mainland Europe</i>	Nagaketu - <i>India</i>
Varadevi – <i>South Pacific</i>	Nagasuri – <i>South Pacific</i>	Viriyalila – <i>US/ Canada</i>
Karunadevi – <i>US/ Canada</i>		
Paramabandhu – <i>UK/Ireland</i>		

Daily Programme

Time	Activity
7:00am -8.30am	<p>Meditation (<i>Tiratana Vandana in unison</i>)</p> 
10:00am –1:00pm	<p>Whole group session with a 20-30 minute tea break</p>
1:00pm	<p>Lunch and free time</p>
3:00pm – 5:45pm	<p>Afternoon session</p>
6.00pm	<p>Dinner</p>
7:30pm – 8:00pm	<p>Home Groups (<i>small groups meeting by Area from 6-12 August</i>) & Facilitation team meeting</p>
8:00pm-9:30pm	<p>Inspirational and sangha-building activities</p> 


Arrival Day – Tuesday 5 August

Time	Activity
4:00pm-6:00pm	Arrival
6:30pm	Dinner
7:45pm-8:15pm	Tour of Adhithana with Lokeshvara 
8:15pm-9:30pm	Introductions and Dedication Ceremony led by Dhammarati (http://tinyurl.com/whatTIC)



Day 1 – Wednesday 6 August – Reviewing the International Council
(<http://tinyurl.com/TICday1>)

Aims:

- **Set up an atmosphere of connectedness**
- **Set International Council in context conceptually and mythically**
- **Review the International Council’s functioning (learning from what it has and has not been able to accomplish)**

Time	Activity
10:00am	Brief welcome and physical mapping exercise of who is in the room facilitated by Viveka.
10:30am	Welcome ritual led by Parami 
11:35am-12.00 noon	Orientation to Council and meeting in general: Overview of the Aims (http://tinyurl.com/TICAims) of the IC, mandate, vision that has guided the gathering, what are our hopes for it, re-mindfulness of our Guiding Principles (http://tinyurl.com/TICGuidingP).
12:00 noon-1:00pm	Reporting-in groups of 4

Day 1 – Wednesday 6 August – Reviewing the International Council cont.

Time	Activity
3:00pm-3:45pm	Reading and review of material
3:45pm:4:45pm	<p>Review how the council is functioning</p> <ul style="list-style-type: none"> • How is the IC functioning? MS <ul style="list-style-type: none"> ○ Whole group circle using talking stick: <ul style="list-style-type: none"> • What it has been able to accomplish; • What's been challenging; and • The learning from this conversation. 
5:00pm-5:45pm	Small groups of 3's or 4's pull patterns out they noticed and share headlines.
8:00pm-9:30pm	<p>Cultural Presentations - Mexico and India</p> 

Day 2 – Thursday 7 August – Leadership: Inspiring and Guiding
(<http://tinyurl.com/TICday2>)

Aims:

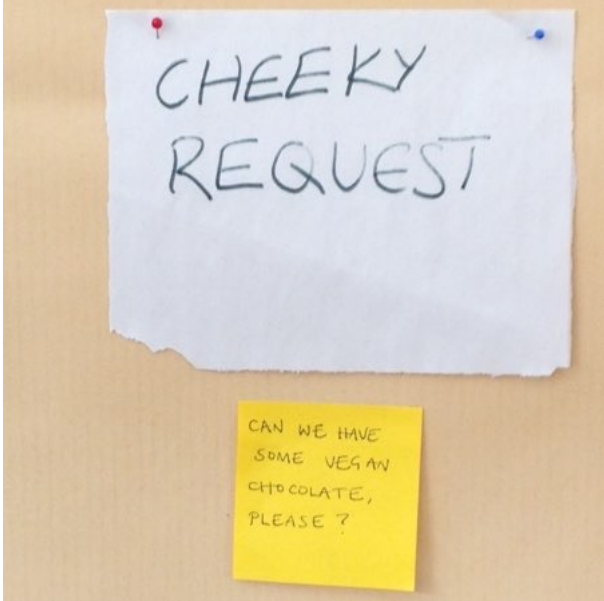
- **Clarity on what the IC could and should be doing (leadership)**
- **Clarity on what organisational development the IC needs to be able to get to the next level**

Time	Activity
10:00am-10:55am	Talk from Dhammarati framing Triratna’s leadership trajectory and future needs. (link to talk DR to edit/approve)
10:55am-11.25am	Panel discussion: <ul style="list-style-type: none"> • Vajragupta (Adhithana/previous Steering Group member/Development Team/UK- Ireland Movement) • Vidyatara (staffing & resourcing the Council) • Moksananda (Spain/Latin America, College) • Amoghavajra (European Chairs Assembly)
11:50am-1.00pm	Small group discussion and report back: <ul style="list-style-type: none"> • What can/should the IC contribute to the leadership Triratna needs? • What does the IC need to be able to play that role? • Questions & advice to ourselves.
3:00pm-3:30pm	Report back on small group discussion continued
3:30pm-4:50pm	Strand meeting: <ul style="list-style-type: none"> • How does today’s conversation about leadership inform what our Strand could/should be doing?
4:50pm-6:00pm	Report back and questions from the audience
8:00pm-9:30pm	<p>Cultural Presentations - Australia & Mainland Europe</p> 


Day 3 - Friday 8 August - Strands, Open Space, System of Practice
(<http://tinyurl.com/TICday3>)

Time	Activity
10:00am-12:00 noon	Strand Meetings (College, Order, Movement)
12:00 noon-1.00pm	Open Space: <ul style="list-style-type: none">• What is a bona fide Triratna Centre (request from Indian College Strand) [20+ people]• Young persons• Spiritual Intensity - especially Spiritual Death [4 people]• Teacher Training [2 people]
3:00pm-6.00pm	System of Practice: Afternoon of meditation practice led by Padmasuri
8:00pm-9:15pm	Puja led by Lokeshvara (http://tinyurl.com/TICpuja)

Day 4 - Saturday 9 August - System of Practice
 (<http://tinyurl.com/TICday4>)

Time	Activity
10:00am-10:45am	<p>Dhammarati & Viveka report back on Mindfulness and Spiritual Death Colloquia and take questions.</p>
10:45am-12:00 noon	<p>Responses to Commonality Paper Part 1:</p> <ul style="list-style-type: none"> • Lokeshvara presents initial feedback from the Order and takes questions; • Small groups - What now? Advice to ourselves as a community communicated via Post-it notes. 
12:00 noon-1:00pm	<p>Responses to Commonality Paper Part 2:</p> <ul style="list-style-type: none"> • Dhammarati and Viveka present the Steering Group response to the proposed procedure; • Open Space invitation for people who want to discuss the procedure further; • Pairs - Reactions and Questions • General questions and comments
3:00pm-4:00pm	<p>Review:</p> <ul style="list-style-type: none"> • Post-its on Advice to ourselves; • Explore leadership for the response
4:00pm-5:45pm	<p>Mindfulness workshop:</p> <ul style="list-style-type: none"> • Dhammarati and Viveka outline the connection with the Colloquium; • Ratnaguna (Breathworks) leads a workshop on how mindfulness teaching and Breathworks teacher development has been evolving.
8:00pm-9:30pm	<p>Cultural Presentations - UK/Ireland and US/Canada</p>


Day 5 - Sunday 10 August - Ethics
(<http://tinyurl.com/TICday5>)

Time	Activity
10:00am-1:00pm	<p>Conflict Resolution workshop with Jnanasiddhi:</p> <ul style="list-style-type: none"> • Processes around fight, flight, freeze, flurry; • 4 small groups to explore case studies with Parami, Dhammarati, Yashosagar and Sucimani; • Choosing different strategies - Restorative Approach, Mediation, other variations; • Community values that should inform how we respond to conflict.
3:00pm-6:00pm	<p>Conflict Resolution workshop continued:</p> <ul style="list-style-type: none"> • What processes, tools and skills Triratna has and what it needs. 
6:30pm-8:00pm	<p>Steering Group meeting</p>
8:00pm-9:15pm	<p>Confession Puja led by Dharmananda</p>

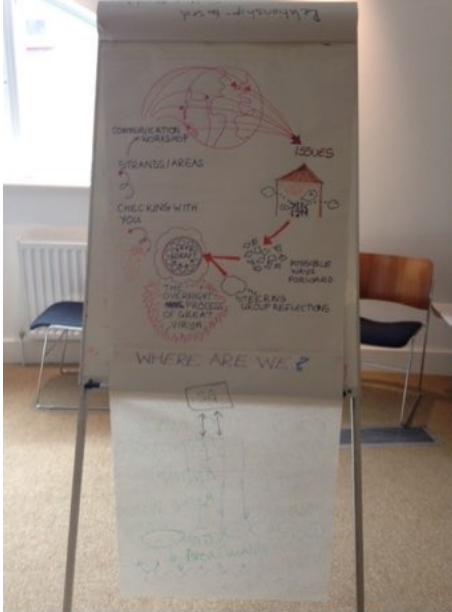

Day 6 - Monday 11 August - Space for items that need more time and Action Planning
(<http://tinyurl.com/TICday6>)

Aims:

- **To articulate strategic priorities from previous days' exploratory conversations that are realistic and to gauge buy-in.**
- **To build capacity and commitment to action.**

Time	Activity
10:00am-11:00am	<p>Open Space:</p> <ul style="list-style-type: none"> • What is a bona fide Triratna Centre? • Commonality procedure. • Discipleship. • Teacher Training.
11:30am-1:00pm	<p>Reflections from the Steering Group on what the IC could/should offer and the role of the Steering Group:</p> <ul style="list-style-type: none"> • Report from the Steering Group; • Group discussion in 3s - What questions do you have about the proposal?; • Reports back to Steering Group.
3:00pm-3:30pm	<p>Testing the proposal on how the IC moves forward:</p> <ul style="list-style-type: none"> • How ready are you for the IC to go forward on the basis of this morning's proposal? <ul style="list-style-type: none"> • Spectrum: green/yellow/red • Debrief: What you help you feel more confident? • Does the Steering Group have the Group's trust to take initiative to be strategic in carrying out the aims of the meeting (i.e. without having to check with the whole membership)? <ul style="list-style-type: none"> • Spectrum: green/yellow/red • Debrief: What you help you feel more confident? 


Day 6 - Monday 11 August - Space for items that need more time and Action Planning cont.

Time	Activity
3:30pm-4:00pm	<p>Gallery Walk - What we've done thus far.</p> 
4:00pm-6:00pm	<p>Strands - What actions do you want to take forward?</p>
8:00pm-9:30pm	<p>Open Mike Evening</p> 

Day 7 - Tuesday 12 August - Space for items that need more time and Action Planning
(<http://tinyurl.com/TICday7>)

Aims:

- To support the strengthening of Area Councils (including their role in communicating back from this meeting)
- To identify the priority actions each Strand is taking on
- To rejoice in how the Strands are developing ways of working together
- To build capacity and commitment to action

Time	Activity
10:00am-12:45pm	<p>Area Meeting and report back:</p> <ul style="list-style-type: none"> • What is needed to strengthen our Area Council (3 points)? • What communications support do we need?
3:00pm-4:00pm	<p>Strands - What actions do you want to take forward?</p>
4:30pm-6:00pm	<p>Strand report back:</p> <ul style="list-style-type: none"> • Sharing actions with the group, receiving feedback and reflecting on the experience of working together as a Strand. 
8:00pm-9:30pm	<p>Sharing from the Heart & 3-Fold Puja</p>

Day 8 - Wednesday 13 August - Communications

Aims:

- Preparing members to communicate the outcomes of the meeting
- Closing thank yous
- Closing the meeting

Time	Activity
10:00am-11:00am	Communications workshop led by Vidyatara
11:25am-11:50am	Final words and thank yous
11:50am-12:00 noon	Maitri Mantra and Transference of Merit
1:00pm	Lunch and depart



Priority Actions

Three major themes emerged based on input from the Area Councils and priority actions for the International Council and the three Strands were then identified under each theme:

1. **The System of the Spiritual Life**
2. **Maintaining Unity**
3. **Ethical and Spiritual Standards**

International Council:

	Low Effort	More Effort
1. The System of the Spiritual Life	Consultation on Order responses to Commonality paper. <i>Order Strand led</i>	Commonality procedure to evaluate developments of system of practice. Next College meeting evaluating 'direct pointing'. <i>Steering Group and College Strand led</i>
2. Maintaining Unity	Area Council + Centre discussion on 'What is a bona fide Triratna Centre?' <i>Steering Group led</i>	Develop International Council capacity: staffing and funding. <i>Steering Group led</i>
3. Ethical and Spiritual Standards	Encourage Centre adoption of Ethical Guidelines. <i>Movement Strand led</i>	Explore development of a systematic conflict resolution process when we have capacity. <i>Order Strand led</i>

Priority Actions *continued*

Three major themes emerged based on input from the Area Councils and priority actions for the International Council and the three Strands were then identified under each theme:

1. **The System of the Spiritual Life**
2. **Maintaining Unity**
3. **Ethical and Spiritual Standards**

College:

1. The System of the Spiritual Life	2. Maintaining Unity	3. Ethical and Spiritual Standards
<p>Discipleship</p> <p>Unpacking what Bhante means.</p> <p>November College meeting: feedback Order consultation and recommended 'Commonality procedure' for College response.</p> <p>Request to create space for deeper reflection on the recent papers</p>	<p>Triratna Centres:</p> <p>Brief College on the discussion. An influential proposal in which all Strands have a stake.</p> <p>Need to clearly communicate the College and its role. Reflect the alignment and kalyana mitrata that exists in the College.</p> <p>Relationship to International Council from a resourcing and constitutional perspective.</p>	<p>Conflict Resolution:</p> <p>College already systematically reviews serious ethical issues to address potential conflicts as soon as possible.</p>

Priority Actions *continued*

Three major themes emerged based on input from the Area Councils and priority actions for the International Council and the three Strands were then identified under each theme:

1. **The System of the Spiritual Life**
2. **Maintaining Unity**
3. **Ethical and Spiritual Standards**

Order:

1. The System of the Spiritual Life	2. Maintaining Unity	3. Ethical and Spiritual Standards
<p>Commonality Paper:</p> <p>Continue analysis of feedback.</p> <p>Communicate with the Order about where things are up to.</p> <p>Next milestone is post the College meeting.</p>	<p>Strengthening the Order Convening Network:</p> <p>Order Year Book. Information on convenors, Order events, Convention Calendar, to also be translated into Hindi.</p> <p>Urban retreat pilot (KM theme) amongst Order convenors followed by wider retreat.</p> <p>Order Convenors' retreat before the next IC meeting for Order/Chapter convenors in India.</p> <p>Develop simple internet communications strategy to 'tie' Strand together.</p>	<p>Kalyana Mitrata retreats:</p> <p>Organised in Areas.</p> <p>Sharing of material between Areas.</p>

Priority Actions *continued*

Three major themes emerged based on input from the Area Councils and priority actions for the International Council and the three Strands were then identified under each theme:

1. **The System of the Spiritual Life**
2. **Maintaining Unity**
3. **Ethical and Spiritual Standards**

Movement:

1. The System of the Spiritual Life	2. Maintaining Unity	3. Ethical and Spiritual Standards
<p>Sharing resources among Centres internationally:</p> <p>Teacher resources - increase awareness of Triratna Development resources website.</p> <p>Video experienced teachers about what they find important in teaching.</p> <p>Follow up request to ECA Executive to consider a coordinated response to the secular Mindfulness trend.</p> <p>ECA Young Persons' Project - sharing resources being developed.</p>	<p>What is a bona fide Triratna Centre?:</p> <p>Movement reps to distribute report to Areas for discussion.</p> <p>ECA meetings:</p> <p>Provide option for all Chairs in all Areas to receive information/Minutes from the ECA.</p> <p>International Coordination:</p> <p>Advance planning to fund Movement reps to attend IC meetings. Each Area Council to secure on-going funding for members to attend.</p> <p>International Movement Structure:</p> <p>No current need. Movement Strand to share information internationally and implement actions.</p>	<p>Ethical Guidelines:</p> <p>Keep the Guidelines recommendation moving forward in our Areas, and keep each other informed.</p>

Additional Movement Priority:

Pioneers

2013 Movement Strand priority to **support Pioneers:**

- Liaise with ECA about picking up the theme again.
- Work with UK/Ireland Mitra convenors to provide KM to pioneers through Skype etc.